

55th Annual East Coast Shotokan Karate Championship

Saturday, April 21, 2018

Dear Club Instructors,

Glenside Shotokan Karate Club (GSKC) is pleased to announce its hosting of the 55th Annual ECSKA Karate Championship on the weekend of Saturday, April 21, 2018 on the beautiful campus of **Bucks County Community College, 275 Swamp Road, Newtown PA, 18940.**

- Doors open on Saturday morning at 7:30 am. Opening ceremony begins at 9:00am sharp, with seniors starting immediately after. We strongly encourage participants to register Friday evening at **Hampton Inn & Suites Newtown, 1000 Stony Hill Road, Yardley PA 19067, 7:00pm – 9:30pm.**
- Please note: **All** Brown Belt kumite (all ages) will be jiyu ippon (semi-free) kumite eliminations and finals.
- Note: Any ranks 9 KYU and above may compete in the adult and senior individual competitions
- Please refer to the ISKF Tournament Rules and Regulations 6th Edition (January 2018)

This packet contains everything you need to register, make hotel reservations, and find the hotel and championship sites. The championship will be one day consisting of senior, youth and adult competitions.

Deadlines for registering are as follows:

Friday March 9, 2018 Registration forms must be postmarked by this date, including: All medical, waiver, and consent forms and fees.

Friday March 30, 2018 Final deadline for late registrations. Late fee applicable.

Registrations received after March 30, 2018 will not be processed regardless of post mark date.

All contestants must have a current ISKF card. If a contestant does not have an ISKF card a fee of \$50 will be charged the day of the event. All 3 kyu and above (brown and black belts all ages) must have an ISKF passport. If a contestant does not have an ISKF Passport a fee of \$75.00 will be charged the day of the event.

Please mail all materials (including all individual and/or team registration forms, program advertisement form [if applicable], medical and liability waivers, judges' registration form [if applicable], t-shirt form [if applicable]) **WITH PAYMENT for your dojo in one package.**

For questions regarding registration you may contact Meena Nandlal at (267) 496-2888 or email lyndameena@yahoo.com Instructor/ Championship Director.

Best,
Joseph Faracchio
Chief Instructor GSKC, Pennsylvania

55th Annual East Coast Shotokan Karate Championship Information Packet and Forms

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General Information

Championship Basics	
Date	Saturday, April 21, 2018
Time	Doors open at 7:30 am
Location	Bucks County Community College Gymnasium (BCCC) 275 Swamp Road, Newtown PA, 18940
Check-in	Friday, April 20, 2018 Hampton Inn & Suites Newtown 7:00-9:30 pm Hotel Lobby Saturday, April 21, 2018 7:30am BCCC Gymnasium *Check-in on Friday is strongly encouraged Judges' Meeting is at 8:00 am on Saturday
Deadlines	
Friday, February 23	Deadline for program advertisement
Friday, March 9	Deadline for Postmark mail registrations
Friday, March 30	Late Registration: \$25 additional per competitor or team. Please use guaranteed shipping method ** NO REGISTRATIONS OR SUBSTITUTIONS ACCEPTED AFTER FRIDAY, MARCH 30, 2018
Registration Submission	
Mail paperwork & fees to:	Glenside Shotokan Karate Club c/o Meena Nandlal 5039 Pulaski Ave. Philadelphia, PA 19144
E-mailed registration packets will not be accepted	
Contact	
General questions/inquiries to:	lyndameena@yahoo.com

Hotel Blocks

NOTE

- All room blocks are made under the name “East Coast Karate Championship”
- Approximately 80 rooms have been blocked.
- Check release dates according to hotel - all rooms not reserved by specified date (see below) will be released into general inventory.
- The room blocks are established for Friday, April 20, 2018 and Saturday, April 21, 2018
- If you do not get a room from a room block, we suggest looking for a hotel in Newtown Square area to remain close to the championship.
- Any problems or questions about room blocks, email: sfkemp@hotmail.com

Hotel Blocks, Information, Availability, and Contact Numbers to Book are as follows:

Hampton Inn & Suites Newtown (pre-registration location)

- Address: 1000 Stony Hill Road, Yardley PA 19067
- Contact <http://www.hamptoninn3.hilton.com/en/hotels/pennsylvania/hampton-inn-and-suites-newtown-AVPNTHX/index.html> or call 1-800-445-8667
- Estimated Prices: Non-smoking room types; king, double Queen & king study \$99.99/night + Tax
- Number of Rooms Blocked: 60
- Release Date: March 20, 2018
- Includes: complimentary breakfast, self- parking, Fitness room. Please access website for more amenities & information
- Note: Any cancellations within 48hrs from the date of arrival will be billed for one night's room & tax.
- Pre- Arrivals/ Stay Overs: The hotel will honor the group rate for 3 days prior & after event date, subject to space availability.

Residence Inn Marriott Langhorne

- Address: 15 East Cabot Boulevard, Langhorne PA 19047
- Contact <http://marriott.com/hotels/travel/phllh-residence-inn-philadelphia-langhorne/>
- 1-215-946-6500
- Estimated Prices: Non-smoking King Studio \$139.00/ night + Tax
- Number of Rooms Blocked: 20
- Release Date: March 21, 2018
- Includes: Complimentary breakfast, fitness room, Free Wi-Fi, indoor swimming pool, whirlpool. Please access website for more amenities
- Note: May cancel rooms 72 hours prior to arrival with no penalty.

❖ See directions from hotels to championship in directions section.

Fees and Admission Prices

Competitor Registration Fees	
Youth all ranks 7-17 years of age	<ul style="list-style-type: none">• 1 event (kata or kumite): \$30• 2 events (kata and kumite): \$ 35• Team kata: \$50
Adult all ranks 18-44 years of age	<ul style="list-style-type: none">• 1 event (kata or kumite): \$35• 2 events (kata and kumite): \$45• Team kata: \$50• Team kumite: \$50
Senior all ranks 45+ years of age	<ul style="list-style-type: none">• 1 event (kata or kumite): \$35• 2 events (kata and kumite): \$45• Team kata: \$50
Spectators	FREE

Championship Checklist

- Mouthpiece (approved by the ISKF Technical Committee)
- White non-absorbent fist protectors (approved by the ISKF Technical Committee)
- Standard white karate gi for all competitors
- Current 2018 ISKF membership card (may be purchased at check-in—\$50)
- Current ISKF Passport brown & black belts only (may be purchased at check in \$75.00)

Dojo Registration Submission Checklist

- Individual registration form
 - Team registration form
 - Judge registration form
 - All competitors' medical questionnaires
 - All competitors' waiver/release agreements
 - Youth competitors' parental consent and release forms
 - Championship program advertising form
 - Ad artwork digital file(s)
 - Fees (Individual and team events, T-shirts, and/or ad fee)
- Make checks payable to: **Glenside Shotokan Karate Club**

*Any competitor without payment WILL NOT COMPETE

Individual Competitor Checklist

- Championship Sign up form given to dojo coordinator
- Registration fees given to dojo coordinator
- All other forms filled in for T-Shirts given to Dojo coordinator
- Filled-in and signed Medical Questionnaire, Waiver/Release, and Parent Consent & Release given to dojo coordinator

Directions

Championship Location

Bucks County Community College

Campus Gymnasium (building 13)
275 Swamp Road, Newtown PA, 18940

Championship Parking

Free parking is available on campus in lots S2 (Handicap Accessible Parking) and S3 lots. Both lots are accessible from Linden Lane

Directions from Hotels to Championship

Hampton Inn & Suites Newtown

1000 Stony Hill Rd, Yardley, PA 19067

- 12 min (5.9 miles) via PA-332 W and Newtown Bypass Fastest route, the usual traffic
- Continue to Stony Hill Rd- 2 min (0.3 mi)
- Drive from PA-332 W to Newtown Township- 9 min (5.1 mi)
- Drive to your destination-2 min (0.5 mi)
- Bucks County Community College 275 Swamp Rd, Newtown, PA 18940

Residence Inn by Marriott Philadelphia Langhorne

15 Cabot Blvd E, Langhorne, PA 19047

- 16 min (10.2 miles) via Newtown Bypass Fastest route, the usual traffic
- Head southwest on Cabot Blvd E- 55 s (0.3 mi)
- Drive from I-95 N and PA-332 W to Newtown Township- 15 min (9.4 mi)
- Drive to your destination- min (0.5 mi)
- Bucks County Community College 275 Swamp Rd, Newtown, PA 18940

Directions to Newtown Campus

From Lower Bucks:

- Route 413 North through Langhorne Boro to the Newtown/Route 413 Bypass (traffic light after George School).
- Left onto Bypass and follow signs to College (approximately 3 miles on left).

From I-95: (I-95 North from Philadelphia/ I-95 South from New Jersey)

- Take I-95 to Exit 49 - Newtown - Route 332.
- Proceed West towards Newtown and follow this road straight to the College entrance, approximately 5 miles on left.
- From the Pennsylvania Turnpike: PA Turnpike to Exit 28- Philadelphia.
- Proceed to Route 1 North to Route 413 North and follow directions from Lower Bucks.

From Upper Bucks (Doylestown and Quakertown):

- Route 313 South to Route 263 North (Buckingham).
- Follow Route 263 North for 2.5 miles (Buckingham) to Route 413 South.
- Turn right and proceed for approximately 9 miles.
- At a "T" Intersection of Durham Road (Route 532), turn right and proceed to the next traffic light.
- Right onto Swamp Road. The College is 1/2 mile on the left.

From Upper Bucks (Riegelsville, Bethlehem, Easton):

- Take Route 611 South (towards Doylestown) to Route 413 South.
- At a "T" Intersection of Durham Road (Route 532), turn right and proceed to the next traffic light.
- Right onto Swamp Road. The College is 1/2 mile on the left.

From Warminster, Warrington Area:

- East on Street Road (Route 132) to Second Street Pike (Route 232).
- Left and go North on Second Street Pike to Route 332 East (Richboro/Newtown Road.)
- Turn right and proceed approximately 3 1/2 miles to Newtown/Route 413 Bypass.
- Left onto Bypass and at the next light continue straight ahead to Swamp Road.

The College is approximately 1/2 mile on the left.

- ❖ Septa's 130 Bus Route runs through Lower Bucks County to the College's Newtown campus five days a week, Monday through Friday

Venue Map

Bucks County Community College

Gymnasium Campus

275 Swamp Road

Newtown PA, 18940



Schedule of Events

Friday, April 7, 2017	Hampton Inn & Suites Newtown
7:00 pm – 9:30 pm	ALL Competitor Check-In (Hampton Inn & Suites Newtown)
Saturday, April 8, 2017	GSKC at Bucks County Community College Gymnasium
7:30 am	Doors Open
7:30 am – 9:30am	ALL Competitor Check-in
8:00 am	Judges’ meeting
9:00 am	Opening Ceremony
Event Order	Immediately following opening ceremony: <ul style="list-style-type: none"> • Senior individual & team competition • Youth individual & team competition • Adult individual & team competition

❖ These times are approximate and will depend on number of contestants.

Food

Championship Day Food
We have an amazing group of food trucks that will be available all day throughout the championship event

Youth Division – General Information

Age-Rank Qualifications and Rules

All youth competitors must be between age 7 and 17 on the day of the championship, with a current ISKF membership card. If a contestant does not have a current ISKF card a fee of \$50 will be charged the day of the event.

All 3 kyu and above (brown and black belts all ages) must have an ISKF passport. If a contestant does not have an ISKF Passport a fee of \$75.00 will be charged the day of the event.

The East Coast Shotokan Karate Championship is open to only International Shotokan Karate Federation (ISKF).

Team

Youth Team Kata will be open to all ages and gender. Each ISKF Club can have one intermediate (6KYU-4KYU) youth team and one advanced (3KYU – above) youth team. There will be no team kumite for youth. Each team will consist of three members and one alternate who must all be registered in advance with no substitutions made after registration.

Rules

Refer to the ISKF Tournament Rules and Regulations 6th Edition (January 2018)

<https://iskf.com/tournament-rules/>

PLEASE NOTE THIS CHANGE:

Kumite:

All beginner and intermediate kumite will be kihon ippon kumite

- Beginner: Jodan, chudan oi zuki both sides,
- Intermediates: Jodan/chudan oi zuki, yoko geri kekomi, mae geri, favorite side

All brown belt kumite will be jiyu ippon kumite for eliminations and finals regardless of age.

Kata

Beginner and intermediate, in the elimination rounds you will only be asked to do kata that you have been tested for. E.g. if you are an orange belt you will only be expected to do Heian shodan or nidan in the eliminations. You may elect to do Heian sandan in the final individual round.

All Junior Black and Brown belt competitors are restricted to the 15 Kata outlined in Karate do Kyohan (Funakoshi) for the individual final round of kata.

15 Kata List

- 5 Heian
- 3 Tekki
- Bassai Dai
- Kanku Dai
- Jion
- Empi
- Gankaku
- Hangetsu
- Jitte

Adult and Senior Divisions – General Information

Age-Rank Qualifications and Rules

The East Coast Shotokan Karate Association Championship is open only to International Shotokan Karate Federation (ISKF)/East Coast members with a current ISKF membership card. **Any ranks, 9th kyu and above may compete in the adult or senior divisions.** Refer to the ISKF Tournament Rules and Regulations 6th Edition (January 2018)

All brown belt kumite will be jiyu ippon kumite for eliminations and finals.

One's age on the day of the championship determines whether a competitor is in the Adult or Senior Division. If contestant does not have a current ISKF card a fee of \$50 will be charged the day of the event.

Competitors 18 to 44 years of age must compete in the Adult Division.

Junior Adult 18- 21 years of age; separate male and female kata and kumite divisions.

Adult 22- 44 years of age; separate male and female kata and kumite divisions.

Competitors age 45 or older must compete in the Senior Divisions and may not compete in any Adult kata or kumite event (team or individual).

Senior Adult 45- 54 years of age; separate male and female kata and kumite divisions - shobu ippon kumite

Super Senior 55 -64 years of age; separate male and female kata and kumite divisions - jiyu ippon kumite only.

Super, super Seniors 65+ years of age; kata only

All competitors 3 kyu and above must have an ISKF passport. If a contestant does not have an ISKF Passport a fee of \$75.00 will be charged the day of the event.

All beginner and intermediate kumite will be kihon ippon kumite

Beginner: Jodan, chudan oi zuki both sides

Intermediates: Jodan/Chudan oi zuki, yoko geri kekomi, maegeri, favorite side.

Team Kata

Teams will be open to all ages and genders. Adult and senior teams are limited to 3KYU and above. Each ISKF club can send one men's adult team, one women's adult team, and one senior 45+ (any gender combo) team. Each team will consist of three members and one alternate who must all be registered in advance with no substitutions made after registration.

Team Kumite

Each ISKF Club may send one adult men's team and one adult women's team. There may not be a mix of Adult competitors in teams. Each team will consist of three members and one alternate who must all be registered in advance with no substitutions made after registration.

There will be no senior Kumite team.

Important Safety Note for ALL Kumite Events:

- In kumite matches, mouthpiece and ISKF-approved white, non-absorbing hand protectors are required for all competitors, regardless of rank. No competitor will be permitted to compete without both.
- Eyeglasses, including safety glasses, are NOT PERMITTED during kumite events. Absolutely no jewelry of any type will be permitted to be worn by competitors or officials

Registration Instructions

- Complete the registration worksheet
- Complete all of the gray-shaded columns of the worksheet, following the formats shown at the top of each column
- List each competitor, indicating the events in which the competitor will participate with an “X”
- Leave a blank cell for event in which competitor is not competing
- You may wish to give your members the “Championship Sign-Up” form to gather registration information. These should not be submitted with your registration
- Please list club members who are willing to serve as judges on the “Judge Registration” form provided in this packet
- Review - verify the participant counts, fees, and teams that are on your registration forms

Youth, Adult & Senior Individual Registration - Sample Form

Example worksheet follows

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-9	Kata	Kumite	Ind. Event Fee	Late Fee +\$25 per person sent after 3/9/18	Total Ind. Fee
William	Johnson	Male	40	Kyu 3	X	X	\$45		\$45
Jane	Smith	Female	25	Dan 1	X		\$35		\$35
John	Thomas	Male	23	Kyu 4	X	X	\$45		\$45
Mary	Jones	Female	46	Dan 1	X	X	\$45		\$45
Jim	Johnson	Male	50	Dan 3	X	X	\$45		\$45

Checks Payable To: **Glenside Shotokan Karate Club**

Total: 215

Club Name: Springfield Shotokan Karate Club
 Chief Instructor: Meaghan Foster
 Contact person: Robert Wright
 Phone #: (555) 555-5555
 Email: sskc@gmail.com

Individual Youth Registration Form

1 event = \$30 2 events = \$35
 \$25 additional if postmarked after 3/9/18.

Ages 7-9, 10-11 Boys and Girls will be combined in the following groups

Ungraded to 7 th KYU	Kata	Kumite
6 th KYU to 4 th KYU	Kata	Kumite
3 rd KYU and above	Kata	Kumite

Ages 12-13 Boys and girls will be combined in the following groups except 3rd KYU Kumite

Ungraded to 7 th KYU	Kata	Kumite
6 th KYU to 4 th KYU	Kata	Kumite
3 rd KYU and above	Kata	Kumite ** Separate**

Ages 14- 15, 16-17 Boys and girls will be combined in the following groups

Ungraded to 7 th KYU	Kata	Kumite
6 th KYU to 4 th KYU	Kata	Kumite

Ages 14-15, 16-17 Boys and Girls will be separate in the following groups

3 rd KYU and above	Kata	Kumite
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First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-9	Kata	Kumite	Ind. Event Fee	Late Fee +\$25 per person sent after 3/9/18	Total Ind. Fee
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			
					<input type="checkbox"/>	<input type="checkbox"/>			

Checks Payable To: **Glenside Shotokan Karate Club**

Total:

Club Name:
 Chief Instructor:
 Contact person:
 Phone #:
 Email:

Youth Team Kata Registration

\$50 per team, list team members.

Team kata will be open to all ages, rank and gender.

\$25 additional if postmarked after 3/9/18.

Youth Team Intermediate 4th - 6th KYU

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Kyu 4-6
Captain				
Alternate				

Youth Team Advanced 1st - 3rd KYU

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Kyu 1-3
Captain				
Alternate				

Checks Payable To: **Glenside Shotokan Karate Club**

Total:

Club Name:

Chief Instructor's Signature:

Contact person:

Phone #:

Email:

Adult Team Kata Registration

\$50 per team, list team members

Each club may send one men's adult team and one women's adult team

\$25 additional per team if postmarked after 3/9/18

Men's Team

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-3
Captain				
Alternate				

Women's Team

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-3
Captain				
Alternate				

Checks Payable To: **Glenside Shotokan Karate Club**

Total:

Club Name:

Chief Instructor's Signature:

Contact person:

Phone #:

Email:

Adult Team Kumite Registration

\$50 per team, list team members

Each club may send one men's adult team and one women's adult team

\$25 additional per team if postmarked after 3/9/18

Men's Team

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-3
Captain				
Alternate				

Women's Team

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-3
Captain				
Alternate				

Checks Payable To: **Glenside Shotokan Karate Club**

Total:

Club Name:

Chief Instructor's Signature:

Contact person:

Phone #:

Email:

Senior Team Kata Registration

\$50 per team, list team members

Each club may send one senior team which may be men, women or mixed

\$25 additional per team if postmarked after 3/9/18

Senior Team

First Name	Last Name	Sex Male Female	Age As of 4/21/18	Rank Dan 1-10 Kyu 1-3
Captain				
Alternate				

Checks Payable To: **Glenside Shotokan Karate Club**

Total:

Club Name:

Chief Instructor's Signature:

Contact person:

Phone #:

Email:

Judges Registration

Name	E-Mail	Rank	Competition Entered?				Phone #	Shirt Size S, M, L, XL 2XL, 3XL (no charge)
		A, B, C, D	Adult Team	Adult Indv.	Senior Team	Senior Indv.		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Please submit waivers with your club's packet! Please bring Official ISKF Passport, and ISKF membership card to registration. Official Judge's uniform; grey pants, white shirt, navy blue jacket or blazer and ISKF tie. Check with ISKF for your ties.

Championship Sign-Up Form

(Internal Club Use ONLY)

This form can be used to gather the individual competitor information for the dojo.
PLEASE DO NOT SUBMIT THIS FORM to the Glenside Shotokan Karate Club.

BASIC INFORMATION

First Name _____ Last Name _____

* Note: Anyone who is 45 or older as of April 21, 2018 is a Senior and may not compete in any event of the Adult division

Individual Division: Youth (7-17) Jr. Adult (18-21) Adult (22-44)
 Senior (45-54) Super Senior (55-64) Super Super Senior (64+)

Gender: Male Female

Age (on 4/21/18):

Rank: kyu / dan (check one)

EVENT PARTICIPATION

Check the appropriate box for each event in which you will be participating

Individual Events: Individual Kata Individual Kumite

Team Events: Team Kata Team Kumite (Adults only)

Youth 1 event (kata or kumite)	\$30
Youth 2 events (kata and kumite)	\$35
Youth Team kata	\$50
Adult/Senior 1 event	\$35
Adult/Senior 2 events	\$45
Adult/Senior team	\$50
Late Fee per competitor/team	\$25
Late by March 30, 2018	\$25

Send all money to dojo coordinator for collection

T-SHIRT ORDER T-Shirt are \$20 each except where noted.

Youth

S M L

Adult

S M L XL 2XL (\$22) 3XL (\$23)

JUDGING SIGN-UP

Judges' meeting at 8:00 am at championship site Saturday April 21, 2018

Judge's uniform; grey pants, white shirt, navy blue jacket or blazer and ISKF tie

Judge rank: A B C D No Rank

Judge's phone number:

Judge's email address:

Competitor's Medical Questionnaire

**** Required for Each Contestant ****

The International Shotokan Karate Federation, East Coast Shotokan Karate Association, and Glenside Shotokan Karate Club reserve the right to not allow an individual to compete in the 2018 International Shotokan Karate Federation East Coast Shotokan Championship based on an underlying medical condition. Your application fees will be returned to you if you are not allowed to compete.

First Name: _____ Last Name: _____
Sex: Male Female Age: _____ Rank: _____ (Age on 4/21/18)
Club: _____
Instructor: _____

Emergency Contact:
Name _____
Phone _____
Relationship: _____

Do you have a history of any of the following conditions?
(Answer Yes or No to EACH condition. If yes to any, please explain)

Yes	No	
<input type="checkbox"/>	<input type="checkbox"/>	Heart murmur
<input type="checkbox"/>	<input type="checkbox"/>	Hypertension
<input type="checkbox"/>	<input type="checkbox"/>	Recent infection
<input type="checkbox"/>	<input type="checkbox"/>	Bone fracture in the past six months
<input type="checkbox"/>	<input type="checkbox"/>	Concussion or severe head injury in past six months
<input type="checkbox"/>	<input type="checkbox"/>	Seizures
<input type="checkbox"/>	<input type="checkbox"/>	Eye injury
<input type="checkbox"/>	<input type="checkbox"/>	Severe bone bruises requiring padding
<input type="checkbox"/>	<input type="checkbox"/>	Kidney injury
<input type="checkbox"/>	<input type="checkbox"/>	Blood-borne contagious disease (e.g., HIV/AIDS, hepatitis)
<input type="checkbox"/>	<input type="checkbox"/>	Other relevant conditions
<input type="checkbox"/>	<input type="checkbox"/>	Allergy to medication (list all):

Are you presently taking any medications?
 Yes No

If so, please specify:

Signature of Contestant: _____

Date:

Signature of Parent/Guardian: _____

Date:

(for contestants under 18 yrs)

IMPORTANT: Form is not valid unless all questions have been answered, and form is signed and dated.

Waiver/Release Agreement

**** Required for Each Contestant ****

55th Annual International Shotokan Karate Federation East Coast Shotokan Championship

In participating in the International Shotokan Karate Federation (ISKF) East Coast Championship, I understand and accept that:

- My participation in the championship is voluntary.
- I understand that there are risks and dangers inherent in martial arts training and in participating in and receiving instruction at the championship. I assume full responsibility for all risks associated with the championship, including my personal injury, death, or property damage.
- I will not sue or make any demands or claims against the International Shotokan Karate Federation, the East Coast Shotokan Karate Association, Glenside Shotokan Karate Club and their officers, directors, instructors, members, judges, officials, representatives, and volunteers (collectively “Organizers”), Bucks County Community College, Joseph Faracchio and Meena Nandlal for personal injury or property damages or loss related to my participation in the championship. **THIS WAIVER INCLUDES, BUT IS NOT LIMITED TO, INJURY OR LOSS CAUSED BY, OR ARISING FROM, ORGANIZERS’ NEGLIGENCE.**
- I am solely responsible for insuring myself and my property at the championship.
- I will pay medical fees or costs related to my participation in the championship and will not seek reimbursement or contribution from the Organizers.
- The Organizers are not responsible for any incidental, consequential, or exemplary damages of any kind even if they are notified in advance that those may occur.
- The Organizers or their designees may use my name, image, or likeness in any media relating to the championship without paying me for that use.
- This Agreement is binding on me, my family and heirs and assigns.
- If I sign this Agreement on behalf of my minor child, I agree that all this Agreement’s terms apply to me.

I have read this release and understand all of its items. By registering for this championship and signing this waiver, I agree to all of these terms and conditions.

Participant’s First Name: _____ Last Name: _____

Signature of Contestant: _____
or of parent/guardian for contestants less than 18 years of age

Date:

Street Address:

City:

State:

Zip:

Signer is: Participant Parent or guardian of Participant

Parental Consent and Release Form

This form is for minor participants and must be filled out by a Parent or Legal Guardian. Please print clearly and supply all the information.

First Aid

I hereby give permission for the doctor, nurse, nurse practitioner or medical staff at the 2018 International Shotokan Karate Federation East Coast Championship to administer minor first aid or seek emergency medical care for my son/daughter

First Name: Last Name:

During his/her participation at the championship, I understand that this permission covers the average emergencies such as, but not limited to, strains, sprains, cuts, bruises, scrapes, bumps, skin rashes, minor bites, allergic reactions, upset stomach, diarrhea, minor burns, suspected minor fractures, fevers, and other similar occurrences. This permission is valid only during the championship.

Emergency Care

If my child needs emergency medical care, I hereby give permission for my child to be treated in the emergency room and by the medical professionals of the hospital or medical center nearest to or most easily accessible to the championship. This permission includes, but is not limited to, fractures, allergic reactions, minor concussions, contusions, lacerations, foreign bodies in the eyes or skin, fevers, diagnostic x-rays, suturing, minor burns, etc. I also give permission for my child to receive a tetanus booster (if needed). I understand that in cases of major significance, such as a fracture, appendicitis, or any illness or injury which would require admission to a hospital, more consents will be necessary for treatment. If such a situation should arise, I further understand that the hospital and championship representatives will make every attempt to reach me.

I have signed and attached the Waiver and Release form for my child.

Signature of Parent/Legal Guardian

Date

Print name

Emergency Contact Number

2018 ISKF East Coast Championship Program Advertising Form

April 21, 2018

Hosted by *Glenside Shotokan Karate Club*

Deadline for camera-ready art and ad space payment: **February 23, 2018.**

- All advertisements are black and white (Grayscale)
- PDF format is preferred. Use 300 dpi for best results.

Size Price: (Please check one)

- Full page, inside (7 ½" X 10") \$225
- Half page, inside (7 ½" X 5") \$145
- Quarter page, inside (3 ¾" X 5") \$95
- Eighth page, inside (3 ¾" X 2 ½") \$60

You can e-mail advertisement **ONLY** to lyndameena@yahoo.com

Artwork should be camera ready. Photographs must be half toned. PDFs must be saved/exported as "High Quality" or "Print Quality". Artwork should be supplied with fonts embedded and at a high resolution (300dpi). Any copy not already typeset must be typed, not hand-written. Business cards may be used for art. Inside cover ads may be in color. All other ads in black/white only.

Company Name:

Company Address:

Company Representative:

Phone:

Signature:

Date:

Total Amount Enclosed: \$

Make Checks Payable to: **Glenside Shotokan Karate Club**

