

61st East Coast Karate Championships

Saturday, April 18, 2026

61st East Coast



Championships

**Hosted by
ISKF Headquarters**

61st East Coast Karate Championships

Saturday, April 18, 2026

Dear Club Instructors,

ISKF Headquarters is pleased to announce we are hosting the 61st East Coast Karate Championship on Saturday, April 18, 2026, at **West Philadelphia High School**, 4901 Chestnut Street, Philadelphia, PA 19139.

Doors will open at 7:30 AM, opening ceremony at 9:00 AM sharp.

We strongly encourage participants to check in early:

Friday 6:00 PM – 8:00 PM at ISKF Headquarters

Saturday 7:30 AM – 8:30 AM at West Philadelphia High School

This packet contains all registration and championship details. This will be a single-day tournament consisting of senior, youth, collegiate, and adult competitions. There will be a training seminar on Friday evening with Okazaki Shihan. Only members of the ISKF East Coast region may compete.

Friday March 20, 2026 - ALL registration forms must be completed and submitted to ISKF Headquarters by this date.

Registration closes on March 20, 2026

Competitors without a current ISKF card will be charged \$50 the day of the event.
Competitors 1st kyu+ without an ISKF passport will be charged \$85 the day of the event.

For questions regarding registration, contact

Lois Luzi
ISKF Headquarters
iskfhq@gmail.com

General Information

Tournament info:	
Date	Saturday, April 18, 2026
Time	Doors open at 7:30 AM , Opening ceremony at 9:00 AM
Location	West Philadelphia High School 4901 Chestnut Street, Philadelphia, PA 19139
Check-in	Friday 6:00 - 8:00 PM @ISKF Headquarters Saturday 7:30 – 8:30 AM @West Philadelphia High School *Check-in on Friday is strongly encouraged
• Judges’ Meeting	Saturday 8:00 AM
• Judge’s uniform is gi, whistle, and belt.	
Friday, April 17th: Seminar with Okazaki Shihan – ISKF Headquarters	
Deadlines:	
Friday, March 27	Deadline for program advertisement
Friday, March 20	Deadline for registrations
Registration Submission	
NO Online Registration	
Each club to send all in one packet to: Lois Luzi 419 Jefferson Ave Cheltenham, PA 19012	
Make check payable to: ISKF	
Contact	
General questions/inquiries to:	Lois Luzi ISKF Headquarters iskfhq@gmail.com

Fees and Admission Prices

Competitor Registration Fees

Youth all ranks 7-17 years of age.

1 event (kata or kumite)	\$45
2 events (kata and kumite)	\$55
Team kata	\$60 per team (unlimited teams allowed)

Adult all ranks 18-44 years of age.

1 event (kata or kumite)	\$45
2 events (kata and kumite)	\$60
Team kata	\$60 per team
Team kumite	\$60

Senior all ranks (this includes beginners and intermediates) **45+** years of age.

1 event (kata or kumite)	\$45
2 events (kata and kumite)	\$60
Team kata	\$60 per team
Team kumite	\$60

Spectators

Free

Seminar

Friday, April 17, 2026 at:

ISKF Headquarters
4782 Ludlow Street
Philadelphia, PA 19139

All ranks 6:30 PM – 8:00 PM \$50

Championship Checklist

Mouthguard (approved by the ISKF Technical Committee)

White non-absorbent fist protectors (approved by the ISKF Technical Committee)



Standard white karate gi (no patches or logos beyond ISKF)



Current 2026 ISKF membership card (may be purchased at check-in \$50)

Current ISKF Passport for 1st kyu brown & black belts (may be purchased at check in \$85)

Schedule of Events

Friday, April 17, 2026	ISKF Headquarters
6:00 PM – 8:00 PM	Competitor/Judges Check-In
6:30 PM – 8:00 PM	Seminar with Okazaki Shihan
Saturday, April 18, 2026	West Philadelphia High School
7:30 AM	Doors Open
7:30 AM – 8:30 AM	Competitor/Judges Check-in
8:00 AM	Judges' meeting
8:30 AM	Senior and Youth Team and Individual staging
9:00 AM	Opening Ceremony
	<ul style="list-style-type: none"> • Senior individual & team competition • Youth individual & team competition • Adult individual & team competition

Youth Division – General Information

Qualifications

- Youth competitors must be between ages 7 and 17 on the day of the championship.
- Competitors without a current ISKF card will be charged \$50 the day of the event.
- Competitors 1ST kyu+ without an ISKF passport will be charged \$85 the day of the event

Rules

Refer to the [ISKF Tournament Rules and Regulations 7th Edition \(May 2022\)](#)

Kumite

Beginner and intermediate kumite will be ippon kumite.

- Beginner 10th – 7th kyu: Jodan/chudan oi-zuki both sides
- Intermediate 6th – 4th kyu Jodan/chudan oi zuki, mae-geri, yoko-geri kekomi, favorite side

Brown belt kumite will be jiyu ippon kumite for eliminations and finals.

Black belt kumite will be jiyu (shobu ippon) kumite for eliminations and finals.

Kata

During elimination rounds, beginner and intermediate ranks can only be asked to perform kata tested for the belt. For example, an orange belt can only be asked to perform Heian Shodan or Nidan during elimination rounds. An orange belt may elect to do Heian Sandan during point round.

As per page 36 in ISKF Tournament Rules and Regulations 7th Edition (May 2022):

Brown belts are restricted to:

Heian 1 – 5
Tekki 1
Bassai Dai, Kanku Dai, Jion, Empi

Black belts are restricted to the following katas:

Heian 1 – 5
Tekki 1 - 3
Bassai Dai, Kanku Dai, Jion, Empi, Hangetsu, Gankaku, Jitte

Team Kata

Each ISKF club can send unlimited youth teams.

- Teams are three members and one optional alternate from the same club.
- Team members and alternates may only be on one team.

There will be no team kumite for youth

Adult and Senior Divisions – General Information

Qualifications

- Adult competitors shall be age 18-44 on the day of the tournament
- Competitors 45 or older on the day of the tournament must compete in the Senior divisions.
 - Adult 45- 54: gender-separated kata and kumite (shobu-ippon kumite)
 - Super Senior 55 -64: gender-separated kata and kumite (choice of jiyu-ippon or shobu-ippon kumite)
 - Super, Super Senior 65+: kata only
- Any competitor, 9th kyu and above, may compete in the adult or senior divisions

Rules

Refer to the ISKF Tournament Rules and Regulations 7th Edition (May 2022)

Kumite

Beginner and intermediate kumite will be ippon kumite.

- Beginner 9th -7th kyu: Jodan/chudan oi zuki both sides
- Intermediate 6th- 4th kyu: Jodan/chudan oi zuki, mae geri, yoko geri kekomi, favorite side

Brown belt kumite will be jiyu ippon kumite for eliminations, finals, and team.

Kata

During elimination rounds, beginner and intermediate ranks can only be asked to perform kata tested for the belt. For example, an orange belt can only be asked to perform Heian Shodan or Nidan during elimination rounds. An orange belt may elect to do Heian Sandan during point round.

Team Kata

Each ISKF club can send unlimited teams:

- mixed-gender beg-int (9th– 4th kyu) team.
- men's adult advanced team

- women's adult advanced team
- mixed gender senior 45+ advanced team

Teams are three members and one optional alternate from same club.

Team members and alternates may only be on one team.

Team Kumite

Each ISKF Club can send unlimited teams:

- men's adult advanced team
- women's adult advanced team

Teams are two or three members and one optional alternate.

Team members and alternates may only be on one team from same club.

There will be no team kumite for seniors

Kumite Safety Notes

- ISKF-approved mouthguard and white, non-absorbing fist protectors required for all kumite.
- Competitors of all ranks and ages require proper protection.
- Eyeglasses, including safety glasses, are not permitted during kumite events.
- Absolutely no jewelry will be permitted to be worn by competitors or officials.
- Other medical, religious, cultural or safety garments require referee and medic approval before competing.

SELECTION OF JUDGES FORM

Judges must meet the requirements as established by the International Shotokan Karate Federation (ISKF). The East Coast Technical Committee shall designate the Chief Judge and Arbitrator. Each participating judge must show his/her current ISKF Passport.

Saturday Judge's uniform: Karate Gi

Club: _____

This is to confirm that the following persons will serve as Judges at the 2026 ECSKA Championships:

	Name	Dan Rank	Judge Rank (A, B, C)	ISKF CERTIFICATION #
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Signature of Club Instructor/Director: _____

Postmarked by: **March 20, 2026**

Send paperwork to: c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

MEDICAL QUESTIONNAIRE

Every competitor and judge must sign and submit this medical questionnaire

Name:			
Age:	Gender: M <input type="radio"/>	F <input type="radio"/>	Rank:
Address:			
State:	City:	Zip:	
Club:			
Region:			

Do you have a history of any of the following conditions? Please check all that apply to you. If you answer Yes to any, please explain:

Condition	Yes w/Explanation	No
Heart Murmur	<input type="checkbox"/>	<input type="checkbox"/>
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Recent Infection	<input type="checkbox"/>	<input type="checkbox"/>
Bone fracture in past 6 months	<input type="checkbox"/>	<input type="checkbox"/>
Concussion or severe head injury in past 6 months	<input type="checkbox"/>	<input type="checkbox"/>
Seizures	<input type="checkbox"/>	<input type="checkbox"/>
Eye Injury	<input type="checkbox"/>	<input type="checkbox"/>
Severe bone bruises requiring padding	<input type="checkbox"/>	<input type="checkbox"/>
Kidney injury	<input type="checkbox"/>	<input type="checkbox"/>
Allergy to medication (list all)	<input type="checkbox"/>	<input type="checkbox"/>
Other	<input type="checkbox"/>	<input type="checkbox"/>

Are you currently taking any medications? (list all)

Signature of Competitor/Judge: _____ Date: _____

(Parent or Guardian, if under 18 years of age): _____

COMPETITOR AND EXAMINEE WAIVER/RELEASE AGREEMENT

Every Competitor and Judge must sign and submit this waiver/release.

Event: 2026 East Coast Karate Championships, West Philadelphia High School, Philadelphia, PA, April 17, 18, 2026.

I understand that there are risks and dangers inherent in participating and/or receiving instruction at the Clinic and the tournament (both of which will herein be referred to as the EVENT). I also understand that in order to participate and/or receive instruction at the EVENT, I must give up my rights to hold the West Philadelphia High School, International Shotokan Karate Federation (ISKF), the ISKF, and any and all other clubs, schools, instructors, members, judges, officials and representatives (collectively the "Releases") liable for any injury or damage which I may suffer while participating and/or receiving instruction at the EVENT.

Knowing this, and in consideration of being permitted to participate and/or receive instruction at the EVENT, I hereby voluntarily release the Releases, and each of them, from any and all liability resulting from or arising out of my participation and/or receipt of instruction at the EVENT.

I understand and agree that I am releasing not only the entities and individuals set forth in the paragraph above, but also the officers, agents, principals, partners, shareholders, directors and employees of those entities or individuals.

I understand and agree that this Waiver/Release will have the effect of releasing, discharging, waiving and forever relinquishing any and all actions or causes of action that I may have or have had, whether past, present or future, whether known or unknown, and whether anticipated or unanticipated by me, arising out of my participation and/or receipt of instruction at the EVENT.

I understand and agree that by signing this Waiver/Release, I am assuming full responsibility for any and all risk of death or personal injury or property damage suffered by me while participating and/or receiving instruction at the EVENT. I expressly acknowledge and assume any and all risks that my participation in the EVENT may subject me to personal injury or bodily harm.

I understand and agree that this Waiver/Release will be binding on me, my spouse, my heirs, my personal representatives, my assigns, my children and any guardian ad litem for said children.

I understand and agree that by signing this Waiver/Release, I am agreeing to release, indemnify and hold the above-named individuals or entities and their officers, agents, principals, partners, shareholders, directors and employees harmless from any and all liability or costs, including attorney fees, associated with or arising from my participating and/or receipt of instruction at the EVENT. Any damage to the hotel or the tournament site that I cause are my full responsibility. Said damages are not the responsibility of the ISKF or the ISKF.

I understand that if I am signing this Waiver/Release on behalf of my minor child, that I will be giving up the same rights for said minor, as I would be giving up if I signed this document on my own behalf.

I acknowledge that I have read this Waiver/Release agreement and that I understand the words and language in it. I have been advised of the potential dangers incidental to participating and/or receiving instruction at the EVENT.

Print Name: _____

Date: _____

Sign Name: _____

Witness: _____

Parent/Guardian Release –

I am the parent or legal guardian of the minor _____ and I am signing this Waiver/Release on behalf of said minor.

Print Name of Parent: _____

Date: _____

Signature of Parent: _____

Adult & Senior Competition General Information

- Qualifications* The competition is open to ISKF/US members ages 18+.
- There are no limits to the number of competitors.
 - Competitors must compete only in their correct division as decided by their age and rank as of April 18, 2026.
 - Competitors must show current their ISKF membership card at check-in.
 - Competitors must show their ISKF Passport at check-in.
-

- Safety Precautions*
- Mouthpieces and ISKF-approved white non-absorbent hand protectors are required for all competitors in kumite, regardless of rank.
 - No eyeglasses or safety glasses will be permitted during kumite events.
 - For kumite, female competitors may wear chest protectors, worn inside the gi jacket; male competitors may wear protective cups.
 - Absolutely no jewelry of any type will be permitted to be worn by competitors or officials, male or female.
-

- Contest Rules*
- *Tokui* katas must be chosen from the standard set of 26 Shotokan katas.
 - Please refer to the Tournament Rule Book 7th Edition, which can be downloaded at: <http://iskf.com/tournament-rules/>.

Individual Events

- Adults 18-44*
- There will be separate divisions for Individual Adult Beginners (9th, 8th, 7th), Intermediates (6th, 5th, 4th kyu), Brown Belts, and Black Belts.
 - Eliminations and finals for all divisions will be on Saturday, April 18, 2026.
 - Each club may seed the top 4 competitors from its region in each of the Adult 18-44 Black Belt Individual events.
-

- Seniors 45+*
- There will be separate divisions for Individual Adult Beginners (9th, 8th, 7th), Intermediates (6th, 5th, 4th kyu), Brown Belts, and Black Belts.
 - Some divisions may be combined.
 - Competitors aged 45+ will choose Jiyu Ippon or Jiyu Kumite – must be specified on their registration form.
 - Eliminations and finals for all divisions will be on Saturday, April 18, 2026.

Adult & Senior Competition Team Information

Adult Team Events

- Team Kata*
- Each club may send unlimited 18-44 men's teams, unlimited 18-44 women's teams
 - Kata teams are either Advanced or kyu rank
 - Competitors in different age divisions may not mix.
 - Each team will consist of three members and one alternate.
 - Eliminations and finals for all divisions will be on Saturday; April 18, 2026.
-

- Team Kumite*
- Each club may send unlimited 18-44 men's teams, unlimited 18-44 women's teams
 - Kumite teams are either **Black belt** or kyu rank
 - Competitors in different age divisions may not mix.
 - Each team will consist of three members and one alternate.
 - Eliminations and finals for all divisions will be on Saturday; April 18, 2026.
-

Senior Team Events

- Team Kata*
- Each club may send unlimited 45+ mixed-gender team kata.
 - Teams are Advanced or kyu ranks
 - Each team will consist of three members and one alternate.
 - Eliminations and finals for all divisions will be on Saturday; April 18, 2026.
-

- Team Kumite*
- Each club may send unlimited 45+ men's teams and unlimited 45+ women's teams
 - Teams are Advanced rank and kyu ranks
 - Each team will consist of three members and one alternate.
 - Eliminations and finals for all divisions will be on Saturday; April 18, 2026.
-

Adult 18-44 Black Belt Individual Seeding Form

- Each club may seed up to four competitors in each of the Adult 18-44 Black Belt events.
 - All forms and fees must also be submitted for each competitor; inclusion in this form does not replace registration or check-in.
-

Club _____

Club Instructor Signature _____

NAME

Women's Kata

1. _____

2. _____

3. _____

4. _____

Women's Kumite

1. _____

2. _____

3. _____

4. _____

Men's Kata

1. _____

2. _____

3. _____

4. _____

Men's Kumite

1. _____

2. _____

3. _____

4. _____

*Friday, March 20, 2026
All Paperwork & Fees Due*

All competitors must register and pay fees using the paper registration forms. Paper registrations should be sent to their Sensei. Club Instructors/ Directors must submit ALL paperwork with ONE payment (payable to ISKF) by March 20, 2026.

Mail package to:

c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

Adult 18-44 Black Belt Individual Registration Form

- Include a medical form and waiver for each competitor.
- Competitors must be black belts older than 17 and younger than 45 as of April 18, 2026.
- Competitors must show their ISKF Passport and current ISKF membership card at check-in.
- There is no limit to the number of competitors from one club.
- Registration fees are non-refundable, per competitor: single event: \$45; both events: \$60.

Club _____

NAME	GENDER	AGE	KATA	KUMITE	AMOUNT
1.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
2.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
3.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
4.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
5.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
6.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
7.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
8.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
9.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
10.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
11.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
12.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
13.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
14.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
15.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	

Total Amount Due \$

*Friday, March 20, 2026 All
Paperwork & Fees Due*

All competitors must register and pay fees using the paper registration forms. Paper registrations should be sent to their Sensei. Club Instructors/ Directors must submit ALL paperwork with ONE payment (payable to ISKF) by March 20, 2026.
Mail package to:

c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

Adult 18-44 Kyu Belt Individual Registration Form

- Include a medical form and waiver for each competitor.
- Competitors must be 10th kyu – 1st kyu, older than 17 and younger than 45 as of April 18, 2026.
- Competitors must show their current ISKF membership card at check-in. Brown belt competitors must also show their ISKF passport
- There is no limit to the number of competitors from one club.
- Registration fees are non-refundable, per competitor: single event: \$45; both events: \$60.

Club: _____

#	NAME	KYU	GENDER	AGE	KATA	KUMITE	AMOUNT
1.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
2.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
3.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
4.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
5.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
6.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
7.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
8.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
9.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
10.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
11.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
12.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
13.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
14.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
15.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	

Total Amount Due \$

*Friday, March 20, 2026 All
Paperwork & Fees Due*

All competitors must register and pay fees using the paper registration forms. Paper registrations should be sent to their Sensei. Club Instructors/ Directors must submit ALL paperwork with ONE payment (payable to ISKF) by March 20, 2026.

Mail package to:

c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

Adult 18-44 Regional Team Kata & Kumite Registration Form

- Each club may send unlimited teams.
- Include a medical form and waiver for each team member.
- All team members must be older than 17 and younger than 45 as of April 18, 2026.
- All Team members must show their current ISKF membership card at check-in. Brown and Black belt team members must also show their ISKF passport
- Registration fees are non-refundable, \$60 per team.
- Teams may be composed the following ways

Kyu belt Kata	Mixed Gender	10 th to 1 st kyu
Kyu belt Kumite	Single Gender	10 th to 1 st kyu
Advanced belt Kata	Single Gender	3 rd kyu and above
Black belt Kumite	Single Gender	Black Belt only

Club _____

Club Instructor Signature _____

	NAME	RANK
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
<i>Team Type</i> Kata <input type="radio"/> Kumite <input type="radio"/> Both <input type="radio"/>	3.	
<i>Gender</i> M <input type="radio"/> F <input type="radio"/> Both <input type="radio"/>	4. (ALTERNATE)	
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
<i>Team Type</i> Kata <input type="radio"/> Kumite <input type="radio"/> Both <input type="radio"/>	3.	
<i>Gender</i> M <input type="radio"/> F <input type="radio"/> Both <input type="radio"/>	4. (ALTERNATE)	
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
<i>Team Type</i> Kata <input type="radio"/> Kumite <input type="radio"/> Both <input type="radio"/>	3.	
<i>Gender</i> M <input type="radio"/> F <input type="radio"/> Both <input type="radio"/>	4. (ALTERNATE)	

Total Amount Due \$ _____

Friday, March 20, 2026 All competitors must register and pay fees using the paper registration
All Paperwork & Fees Due forms. Paper registrations should be sent to their Sensei. Club
 Instructors/ Directors must submit ALL paperwork with ONE payment
 (payable to ISKF) by March 20, 2026.
 Mail package to:

c/o Lois Luzi
 419 Jefferson Ave
 Cheltenham, PA 19012

Senior 45+ Black Belt Individual Registration Form

- Include a medical form and waiver for each competitor.
- Competitors must be 45 or older as of April 18, 2026. Adult individuals may not compete in both the Adult Division and the Senior Division. **Individuals ages 45+ must participate in this Division.**
- Senior competitors must specify Jiyu Kumite or Jiyu Ippon Kumite with registration.
- Competitors must show their ISKF Passport and current ISKF membership card at check-in.
- There is no limit to the number of competitors from one club.
- Registration fees are non-refundable, per competitor: single event: \$45; both events: \$60.

Club _____

Name	Gender	Age	Kata (y/n)	Kumite Circle Choice	Amount Enclosed
1.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
2.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
3.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
4.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
5.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
6.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
7.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	
8.	<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	None	

Total Amount Due \$ _____

*Friday, March 20, 2026
All Paperwork & Fees Due*

All competitors must register and pay fees using the paper registration forms. Paper registrations should be sent to their Sensei. Club Instructors/ Directors must submit ALL paperwork with ONE payment (payable to ISKF) by March 20, 2026.
Mail package to:

c/o Lois Luzi
419 Jefferson Ave Cheltenham, PA 19012

Senior 45+ Kyu Belt Individual Registration Form

- Include a medical form and waiver for each competitor.
- Competitors must be 10th kyu – 1st kyu and 45 or older as of April 18, 2026. Adult individuals may not compete in both the Adult Division and the Senior Division. **Individuals ages 45 + must participate in this Division.**
- Competitors must show their current ISKF membership card at check-in. Brown Belts must show their ISKF passport
- There is no limit to the number of competitors from one club.
- Registration fees are non-refundable, per competitor: single event: \$45; both events: \$60.

Club _____

NAME	RANK	GENDER	AGE	KATA	KUMITE	AMOUNT
1.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
2.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
3.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
4.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
5.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
6.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
7.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
8.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
9.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
10.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
11.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
12.		<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	

Total Amount Due \$ _____

*Friday, March 20, 2026 All
Paperwork & Fees Due*

All competitors must register and pay fees using the paper registration forms. Paper registrations should be sent to their Sensei. Club Instructors/ Directors must submit ALL paperwork with ONE payment (payable to ISKF) by March 20, 2026.
Mail package to:

c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

Senior 45+ Regional Team Registration Form

- Each club may send unlimited teams
- Include a medical form and waiver for each team member.
- All team members must be 45 or older as of April 18, 2026.
- All Team members must show their current ISKF membership card at check-in. Brown and Black belt team members must also show their ISKF passport
- Registration fees are non-refundable, \$60 per team.
- Teams may be composed the following ways

Kyu belt Kata	Mixed Gender	10 th to 1 st kyu
Advanced belt Kata	Mixed Gender	3 rd kyu and above
Kyu Belt Kumite	Single Gender	10 th to 1 st kyu
Advanced Kumite	Single Gender	3 rd kyu and above

Region _____

Regional Director Signature _____

	NAME	RANK
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
<i>Team Type</i> Kata <input type="radio"/> Kumite <input type="radio"/> Both <input type="radio"/>	3.	
<i>Gender</i> M <input type="radio"/> F <input type="radio"/> Both <input type="radio"/>	4. (ALTERNATE)	
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
<i>Team Type</i> Kata <input type="radio"/> Kumite <input type="radio"/> Both <input type="radio"/>	3.	
<i>Gender</i> M <input type="radio"/> F <input type="radio"/> Both <input type="radio"/>	4. (ALTERNATE)	
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
<i>Team Type</i> Kata <input type="radio"/> Kumite <input type="radio"/> Both <input type="radio"/>	3.	
<i>Gender</i> M <input type="radio"/> F <input type="radio"/> Both <input type="radio"/>	4. (ALTERNATE)	

Total Amount Due \$ _____

Friday, March 20, 2026

All Paperwork & Fees Due

All competitors must register and pay fees using the paper registration forms. Paper registrations should be sent to their Sensei. Club Instructors/ Directors must submit ALL paperwork with ONE payment (payable to ISKF) by March 20, 2026.
Mail package to:

c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

Youth Competition General Information

- Qualifications*
- The competition is open to ISKF/US members between the ages of 7 and 17 years old as of April 18, 2026.
 - There are no limits to the number of competitors from one region.
 - Competitors must show their current ISKF membership card at check-in. Brown and black belts must show their ISKF passport
 - We reserve the right to combine/adjust divisions based on the number of registered competitors.

- Safety Precautions*
- Mouthpieces and ISKF-approved white non-absorbent hand protectors are required for all competitors in kumite, regardless of age or rank.
 - No eyeglasses or safety glasses will be permitted during kumite events.
 - For kumite, female competitors may wear chest protectors, worn inside the gi jacket; male competitors may wear protective cups.
 - Absolutely no jewelry of any type will be permitted to be worn by competitors or officials, male or female.

- Youth Contest Rules*
- *Tokui* katas must be chosen from the core 15 Shotokan katas.
 - Please refer to the Tournament Rule Book 7th Edition, which can be downloaded at: <http://iskf.com/tournament-rules/>.

- Finals*
- All youth will compete on Saturday, April 18, 202

Youth Individual Events

	BEGINNER (Unranked to 7 th kyu)	INTERMEDIATE (6 th , 5 th , 4 th kyu)	ADVANCED (3 rd kyu and above)
<i>Ages 7-9, 10-11</i>	<ul style="list-style-type: none"> • Combined kata • Combined kumite 	<ul style="list-style-type: none"> • Combined kata • Combined kumite 	<ul style="list-style-type: none"> • Combined kata • Combined kumite
<i>Ages 12-13</i>	<ul style="list-style-type: none"> • Combined kata • Combined kumite 	<ul style="list-style-type: none"> • Combined kata • Combined kumite 	<ul style="list-style-type: none"> • Combined kata • Girl's kumite • Boy's kumite
<i>Ages 14-15, 16-17</i>	<ul style="list-style-type: none"> • Combined kata • Combined kumite 	<ul style="list-style-type: none"> • Combined kata • Combined kumite 	<ul style="list-style-type: none"> • Girl's kata • Boy's kata • Girl's kumite • Boy's kumite

Youth Team Events

- Team Kata*
- Each club may send any number of kata teams of mixed ranks and gender.
 - A kata team is composed of three members and one alternate
 - Youth team kata finals will conclude on Saturday, April 18, 2026.

- Team Kumite*
- There are no youth team kumite events.

Youth Individual Registration Form

- Include a medical form and waiver for each competitor.
- Competitors must be between the ages of 7 and 17 years old as of April 18, 2026.
- Competitors must show their current ISKF membership card at check-in. Brown and black belts must show their ISKF passport
- There is no limit to the number of competitors from one club.
- Registration fees are non-refundable, per competitor: single event: \$45; both events: \$55.

Club _____

#	NAME	RANK	GENDER	AGE	KATA	KUMITE	AMOUNT
1.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
2.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
3.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
4.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
5.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
6.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
7.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
8.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
9.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
10.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
11.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
12.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
13.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
14.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	
15.			<input type="radio"/> F <input type="radio"/> M		<input type="checkbox"/>	<input type="checkbox"/>	

Total Amount Due \$ _____

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All Paperwork & Fees Due

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 Mail package to:

c/o Lois Luzi
 419 Jefferson Ave
 Cheltenham, PA 19012

Youth Team Kata Registration Form

- Each club may send an unlimited number of kata teams of mixed ranks and gender.
- Include a medical form and waiver for each team member.
- All team members must be between the ages of 7 and 17 years old as of April 18, 2026.
- All team members must show their current ISKF membership card at check-in. Brown and black belts must show ISKF passport
- Registration fees are non-refundable, \$60 per team.

Club _____

Club Instructor Signature _____

	NAME	RANK
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
	3.	
	4. (ALTERNATE)	
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
	3.	
	4. (ALTERNATE)	
<i>Team Name:</i> _____	1. (CAPTAIN)	
	2.	
	3.	
	4. (ALTERNATE)	

Total Amount Due \$ _____

*Friday, March 20, 2026
All Paperwork & Fees Due*

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Mail package to:

c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012

PROGRAM ADVERTISING FORM

2026 East Coast Karate Championships April 17-18, 2026

Deadline for camera-ready art and ad space payment: March 27, 2026, *no later.*

Advertising Rates:

Outside Back Cover	Full Page	\$350
Full Page (inside cover)	10" high x 7-1/2" wide	\$300
Full Page (interior)	10" high x 7-1/2" wide	\$275
Half Page	5" high x 7-1/2" wide	\$180
Quarter Page	5" high x 3-3/4" wide	\$100
Eighth Page – business card size	2-1/2" high x 3-3/4" wide	\$ 75

- Artwork should be camera ready.
- Photographs must be half toned.
- PDFs must be saved/exported as "High Quality" or "Print Quality".
- Artwork should be supplied with fonts embedded and at a high resolution (300dpi).
- Any copy not already typeset must be typed, not handwritten.
- Business cards may be used for art.
- All ads in black/white only.

Ad size (Please check one):

Inside Cover (Call for availability) Full Page Half Page Quarter Page Eighth Page

Company Name: _____

Company Address: _____

Company Representative: _____ Phone: _____

Signature: _____ Date: _____

Total Amount Enclosed: \$ _____

Please make checks payable to: ISKF

Please email advertisements to: ISKFhq@gmail.com

Please mail checks to:
c/o Lois Luzi
419 Jefferson Ave
Cheltenham, PA 19012
(215) 222-9382